

# Thunder News

*Caledonia & District Minor Hockey Association*

## Special Interest Articles:

- Interview with  
Coach John  
Kichinko
- Exciting new  
Ball Hockey  
partnership

## Individual Highlights:

Sponsors	2
Volunteers	3
Parents	4
Interview	5
About us	6

## President's Message



The aim of the Caledonia & District Minor Hockey Association and the message that we are promoting to our membership and throughout our community, is a focus on teaching and building upon the fundamentals of hockey. To help players not only develop their hockey skills, but also to maintain health through exercise and to develop an understanding of the importance of teamwork and fair play.

As Members of our Association and as parents and guardians to these great kids, we all share an equal responsibility to continually strive toward achieving these goals – and to provide these opportunities to our current and future hockey players.

As time allows, I invite each and every one of you to pause and take just a moment to think about the great benefits of hockey and the lessons our children are learning every week, as we work toward getting them to where they need to be – on and off the ice!

I hope you will find your 2008 – 2009 hockey season to be a positive, rewarding and learning experience. As always, we are very receptive to your questions, concerns, comments and constructive criticism.

In closing, hats off to all of our current and soon-to-be volunteers for the upcoming season! We couldn't do it without you and we greatly appreciate all that you do!

Yours Sincerely,

Scott Brownell  
President

## Hockey Shirt Dance

- When:** November 8, 2008  
**Where:** McKinnon Park Secondary School  
**Time:** 8:00 pm to 1:00 pm  
**Price:** \$25 per couple / \$15 single  
**Tickets:** Your convenor or at the Minor Hockey Office

Be sure to wear  
your hockey shirt!!



*“These business support our hockey teams – please support them in return”*



## Our Proud Supporters

- ATH Mechanical
- Bill Mehlenbacher’s nx photo
- Bonnyville Chrysler
- Caledonia Veterinary Clinic
- Dennis Searles Chevrolet Ltd.
- Douglas L. Plank – C.A.
- Future Stars Photography
- Georgia-Pacific
- Godfather’s Pizza
- Grand River Home Hardware
- Haldimand Insurance Brokers Ltd.
- Haldimand Motors
- Hamilton South Ball Hockey Club
- Henco Homes
- Hoppe’s Pool & Spa
- J.C.A. Food Services Ltd.
- Ken Timson Auto Body Ltd.
- Lawrence’s Sports
- M & S Equipment Sales
- McBurney Transport Limited
- Miller Funeral Chapel
- Norton Construction Ltd.
- On Ice Goaltending School
- Ontario Power Generation
- Robitaille Homes
- Thorson’s Enclosed Vehicle Transportation
- Tim Horton’s
- TIM-BR Mart
- The Clark Companies
- The Medicine Shoppe
- Watts Water Technologies
- Wiggies Pizza, Wings & More

## Thank you pre-season volunteers!!

CDMHA would like to express our sincere gratitude to those individuals who work tirelessly each year to help us get ready for the season.

The membership at large may not be aware of just how much goes on behind the scenes to get these boys and girls on the ice, skating with their teams.

There are several men and women who we call upon again and again to run registration, Rep/AE tryouts, power skating, checking clinics and the local league evaluations. You know who you are!

We truly could not do it without you!! 😊

## Board of Directors - (see web site for contact information)

### Executive

President	Scott Brownell
VP of Operations	Amanda Myers
VP of Rep./AE	Doug Clause
VP of Local League	Dale Collier
Treasurer	Lori Rogers
Secretary	Alison Hodge

### Convenors

Rep.	Brad Clause
AE	Rob Leary
Tyke (non voting)	Sandy Clark, Jenn Duff, Raquel Gavey
Novice (non voting)	Wayne Hodge
Atom	Jyoti Nagpal
Pee Wee	Susan Annett
Bantam	Christine Fletcher
Midget	Brad Clause

### Directors:

Registrar	Wray Uimonen
Development	Brent Burnell
Gate & Timekeepers	Monica Spurr
Equipment	Rachelle Clause
Publicity/Media	Carol Edwards
Dance, Misc.	Greg McCartney
Ice Scheduler (non voting)	Krystal Smith



*You make a living by what you get,  
but you make a life by what you give.*  
-- Winston Churchill

## Our Coaches

### Jr. Tyke

Gary Davis  
Dennis Boyter

### Sr. Tyke

Don Sauve  
Cindy Cryderman  
Larry Plummer  
Ken Kragten

### Novice

T.J. Harley  
Mike Gladysz  
Andy Fitzhenry  
Mike Kichinko  
Stuart Oxley

### Atom

Dave Kenyon  
Phil Mete  
Kevin Doucette  
Jack Saweczko

### Pee Wee

Peter Borsellino  
Brad Edwards  
Brad Gray  
Dave Winger  
Rick Leclerc

### Bantam

Steve Smith  
Mike Watling  
Todd Parkinson

### Midget

John Hajdu  
Bob Govan  
Dusty Smuck  
Kyle Street

### AE

**Atom** – Andy Williams  
**Pee Wee** – Don Peart  
**Bantam** – John Kichinko

### Rep.

**Novice** – Charlie Richardson  
**Atom** – Mike McDonald  
**Pee Wee** – Dennis Edwards  
**Bantam** – Ron Timson  
**Midget** – Ken Halliday

## 10 Ways to be a Great Hockey Parent!



Get involved with your son or daughter's team in a positive way



Let your son or daughter know you enjoy having them involved with the game



Don't lose perspective, emphasize the values associated with the game



Be supportive and don't let expectations become a burden to your son or daughter



Model respectful behaviour for your son or daughter



Be there for your child whether they win or lose



Make safety, respect, fair play and fun a priority



Support your child emotionally



Encourage your child to participate but avoid pressuring them to play the game



Communicate with your son's or daughter's coach in a professional, effective manner

Source: Hockey Canada

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*"When in doubt, review  
the Parent Code of  
Conduct"*

## Coach John Kichinko

There is a core of individuals that CDMHA calls upon whenever we need something. We seek out these individuals time and time again because they have the knowledge and experience we need to effectively run our program. We seek them out because we know we can rely and depend on them. John Kichinko is one such individual.

John is celebrating his tenth season as a coach with CDMHA. He started in 1999 as a coach with our Tyke program and has been on the bench with a team, or in many years, two teams, every year since. This year John is coaching the Bantam AE team along with Greg White, Mark Church, Jeff Adshead and Jim Rogers. He is also assisting with an Atom local league team.

"I was drawn to coaching because of the opportunity to teach the players the skills of hockey and the concept of being part of a team. Also, because I think hockey is the best sport of all."

John says there are some basic qualities that he seeks when selecting players for his teams - "A player has to have a willingness to learn, be a good team player, show respect for team mates, coaches, referees and opponents and display a good attitude. These are the qualities I look for."

The goals for this year's Bantam AE team are the same as they are for every team that John coaches, whether at the Rep. level or local league - "to develop the players' skills, to help them become better hockey players and team mates so that we can be competitive night in, night out."

John believes that every season is a successful one because every year you teach a player something that will help them become a better hockey player for the next season. As a team, his most successful season was 2004 / 2005 when his Atom AE team made it to the OMHA finals. "It was fun to be part of that team".

John has modeled himself after his Midget Rep. Coach, Bob Murray. "Coach Murray was always prepared for all games and practices. He also was able to get the best out of his players."

We know we have coaches today modeling themselves after John for those very same reasons.




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*"I love to see kids I coached in Tyke who have developed into very good hockey players"*

## WWW.ballhockey.com

CDMHA has entered into a partnership with Hamilton South Ball Hockey Club located out by Cameron Motor Sports. We have purchased ten hours of rink time at a discount that we will sell back to our teams at cost.

Tom Roberts is the owner of the facility and has been involved with Minor Hockey in the Niagara area for years. "Ball hockey compliments ice hockey because it teaches players to keep their feet moving. The skills are definitely supplementary, complimentary and completely transferable to ice hockey."

The facility is a dedicated ball hockey facility operated all year round. It features leagues for men, women and children. It is also a great place to host team building and conditioning camps for cross-over sports like ice hockey.

Coaches can call 905-679-2317 to book a time or email [danw@ballhockey.com](mailto:danw@ballhockey.com). You must also make our Treasurer, Lori Rogers at [ljkz@yahoo.com](mailto:ljkz@yahoo.com) aware and provide her with payment to CDMHA in the amount of \$45.00 in advance of your session.

**Note:** no tape on sticks with the exception of goaltenders, helmets with face masks must be worn, gloves, jocks/jills, elbow and shin pads recommended

**C.D.M.H.A.**

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ahodge@  
mountaincable.net

We're on the Web!

See us at:

[www.caledoniathunder.ca](http://www.caledoniathunder.ca)

**Attention Coaches and Managers**

Submit your scores each week by  
Sunday at 6:00 pm to:

[dcedwards@mountaincable.net](mailto:dcedwards@mountaincable.net)

These will be posted weekly in the  
Sachem

You can also send your own  
highlight articles directly to:

[news@sachem.ca](mailto:news@sachem.ca) and  
[newsinfo@webcraftlimited.com](mailto:newsinfo@webcraftlimited.com)

Please keep articles to 150 words or  
less

**Ice Schedule**

If you need to switch ice, please try to  
do it with the other coaches first.

If you must make a change and  
cannot get a switch, contact  
Krystal Smith at:

[IceScheduler@mountaincable.net](mailto:IceScheduler@mountaincable.net)

**Note:** you must provide at least 72  
hours notice

***About Our Organization...***

CDMHA will strive to provide a safe, healthy and positive environment for our players. Within that framework, we will focus on developing the skills of our players at all levels by teaching the fundamentals of the game of hockey with an emphasis on healthy competition, good sportsmanship and team play. The mandate of our program will also include an emphasis on developing winning teams.

All are welcome to attend our Executive Meetings but if you want to speak you need to be put on the agenda. All meetings are held the first Monday of the month at 7:00 pm in the Remax Room.

